

कक्षा 4 की समय सारणी

TIME TABLE OF CLASS 4

Monday सोमवार	Tuesday मंगलवार	Wednesday बुधवार	Thursday बृहस्पतिवार	Friday शुक्रवार	Saturday शनिवार	Sunday रविवार
गणित	गणित	पर्यावरण अध्ययन	पर्यावरण अध्ययन	गणित	गणित	Physical Education
हिन्दी	हिन्दी	हिन्दी	हिन्दी	हिन्दी	Storytelling	Storytelling
EVS	EVS	Mathematics	Mathematics	Mathematics	Mathematics	Physical Education
English	English	English	English	English	Storytelling	Storytelling

***Note: Watch live and interact with subject experts on every Tuesday from 3:00pm – 4:00 pm.**

☞ Please follow the NCERT Facebook Page for the topics of session.

NCERT Facebook Page: NCERT OFFICIAL <<https://www.facebook.com/ncertofficial/>>

☞ You can watch the live sessions through NCERT Official YouTube channel:

NCERT OFFICIAL YouTube

<https://www.youtube.com/channel/UCT0s92hGjqLX6p7qY9BBrSA>

☞ To see the exact timings of the programmes, please visit Swayam Prabha Web Portal:

https://swayamprabha.gov.in/index.php/program/current_se/26

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*****Watch Live programmes on every Tuesday at 3:00 pm to 4:00 pm**

******Watch Live Webinar on ICT tools (4:00 pm to 5:00 pm) and live counselling session (5:00 pm to 5:30 pm) from Monday to Friday.**

Transmission Schedule for **APRIL, 2022**

Subject	Title / Topic	Duration (HH:MM:SS)	Medium
Friday, April 1, 2022			
गणित	गुणा	0:09:40	Hindi
Mathematics	Chapter 1: Building with Bricks	0:22:02	English
English	Unit 1: Wake up and Neha's Alarm Clock	0:26:37	English
Storytelling	टर्म टू भाग 10	0:24:42	Hindi
CWSN	I Have a Dream	0:06:49	ISL
Saturday, April 2, 2022			
गणित	आओ सीखें 2 का पहाड़ा	0:10:43	Hindi
Storytelling	टर्म टू भाग 8	0:24:06	Hindi
Mathematics	Chapter 1: Building with Bricks	0:24:12	English
Storytelling	टर्म टू भाग 9	0:22:43	Hindi
CWSN	ईदगाह	0:29:53	ISL
Sunday, April 3, 2022			
Physical Education	योग: सर्वांगासन	0:12:33	Hindi
Physical Education	योग: त्रिकोणासन	0:16:18	Hindi
Storytelling	टर्म टू भाग 10	0:24:42	Hindi
Storytelling	टर्म टू भाग 10	0:24:42	Hindi
CWSN	एक दिन की बादशाहत	0:15:47	ISL
Monday, April 4, 2022			
गणित	आओ सीखें 3 का पहाड़ा	0:13:54	Hindi
हिन्दी	पाठ 1: मन के भोले- भाले बादल	0:23:15	Hindi
EVS	Chapter 1: Going to School (Part 1)	0:17:01	English

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English	Unit 1: Wake up	0:25:12	English
CWSN	Who will be Ningthou	0:13:09	ISL
Tuesday, April 5, 2022			
गणित	आओ सीखें 4 का पहाड़ा	0:12:46	Hindi
हिन्दी	पाठ 2: जैसा सवाल वैसा जवाब	0:20:41	Hindi
EVS	Chapter 1: Going to School (Part 2)	0:27:05	English
CWSN	हाथी चल्लम चल्लम	0:06:52	ISL
English	Unit 1: Neha's Alarm clock	0:28:18	English
Storytelling	टर्म टू भाग 12	0:21:29	Hindi
CWSN	बहादुर बिट्टो	0:09:08	ISL
Wednesday, April 6, 2022			
पर्यावरण अध्ययन	पाठ 1: चलो, चलें स्कूल !	0:26:30	Hindi
हिन्दी	पाठ 2: जैसा सवाल वैसा जवाब	0:30:31	Hindi
Mathematics	Chapter 2: Long and Short Part 1	0:23:13	English
English	Unit 2: Noses and The Little Fir Tree	0:30:27	English
CWSN	पुराने बच्चे	0:04:28	ISL
Thursday, April 7, 2022			
पर्यावरण अध्ययन	पाठ 2: कान-कान में	0:42:15	Hindi
हिन्दी	पाठ 3: किरमिच की गेंद	0:27:14	Hindi
Mathematics	Chapter 2: Long and Short Part 2	0:22:31	English
English	Unit 2: Noses	0:15:09	English
CWSN	कोई लाके मुझे दे	0:03:54	ISL
Friday, April 8, 2022			
गणित	आओ सीखें 5 का पहाड़ा	0:12:03	Hindi
हिन्दी	पाठ 3: किरमिच की गेंद	0:17:03	Hindi
Mathematics	Chapter 2: Long and Short	0:29:03	English
English	Unit 2: The Little Fir Tree	0:20:21	English
Storytelling	टर्म टू भाग 12	0:21:29	Hindi

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CWSN	हाथी चल्लम चल्लम	0:06:52	ISL
Saturday, April 9, 2022			
गणित	पाठ 1: ईंटों से बनी इमारत	0:27:53	Hindi
Storytelling	टर्म टू भाग 12	0:21:29	Hindi
Mathematics	Chapter 3: A Trip to Bhopal	0:25:05	English
Storytelling	टर्म टू भाग 13	0:23:36	Hindi
CWSN	चकई के चकदुम	0:03:27	ISL
Sunday, April 10, 2022			
Physical Education	योग: सर्वांगासन	0:12:33	Hindi
Physical Education	योग: त्रिकोणासन	0:16:18	Hindi
Storytelling	टर्म टू भाग 1	0:22:58	Hindi
Storytelling	टर्म टू भाग 2	0:22:00	Hindi
CWSN	मन के भोले-भाले बादल	0:09:24	ISL
CWSN	पापा जब बच्चे थे भाग 1	0:14:45	ISL
Monday, April 11, 2022			
गणित	पाठ 2: लंबा और छोटा	0:31:23	Hindi
हिन्दी	पाठ 1: मन के भोले- भाले बादल	0:17:58	Hindi
EVS	Chapter 1: Going to School	0:29:53	English
English	Unit 3: Run & Nasruddin's Aim	0:23:43	English
CWSN	उलझन/एक साथ तीन सुख	0:06:06	ISL
CWSN	Alice in Wonderland	0:11:17	ISL
Tuesday, April 12, 2022			
गणित	पाठ 3: भोपाल की सैर	0:39:10	Hindi
हिन्दी	पाठ 1: मन के भोले- भाले बादल	0:23:15	Hindi
EVS	Chapter 2: Ear to Ear	0:28:19	English
English	Unit 3: Run & Nasruddin's Aim	0:22:26	English
CWSN	Hellen Keller	0:13:28	ISL

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Wednesday, April 13, 2022			
पर्यावरण अध्ययन	पाठ 3: नन्दू हाथी	0:19:40	Hindi
हिन्दी	पाठ 2: जैसा सवाल वैसा जवाब	0:20:41	Hindi
Mathematics	Chapter 3: A Trip to Bhopal Part 1	0:24:08	English
English	Unit 1: Wake up and Neha's Alarm Clock	0:26:37	English
CWSN	The Truth Balloon	0:04:22	ISL
Physical Education	योग: सर्वांगसन	0:12:33	Hindi
CWSN	कौन	0:08:53	ISL
Thursday, April 14, 2022			
पर्यावरण अध्ययन	पाठ 1: चलो, चलें स्कूल!	0:26:30	Hindi
हिन्दी	पाठ 2: जैसा सवाल वैसा जवाब	0:30:31	Hindi
Mathematics	Chapter 3: A Trip to Bhopal Part 2	0:24:42	English
English	Unit 1: Wake up	0:25:12	English
CWSN	स्वतंत्रता की ओर भाग 1	0:16:42	ISL
Friday, April 15, 2022			
गणित	गुणा	0:09:40	Hindi
हिन्दी	पाठ 3: किरमिच की गेंद	0:27:14	Hindi
Mathematics	Chapter 1: Building with Bricks	0:22:02	English
English	Unit 1: Neha's Alarm clock	0:28:18	English
CWSN	Hellen Keller	0:13:28	ISL
CWSN	स्वतंत्रता की ओर भाग 2	0:19:35	ISL
Saturday, April 16, 2022			
गणित	आओ सीखें 2 का पहाड़ा	0:10:43	Hindi
Storytelling	टर्म टू भाग 7	0:23:24	Hindi
Mathematics	Chapter 1: Building with Bricks	0:24:12	English
Storytelling	तुम्हारी कहानियां: डोमी की चप्पलें भाग 2	0:14:11	Hindi
CWSN	Going to Buy a Book Part 1	0:12:34	ISL

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CWSN	पुराने बच्चे	0:04:28	ISL
Physical Education	योग: त्रिकोणासन	0:16:18	Hindi
Sunday, April 17, 2022			
Physical Education	योग: त्रिकोणासन	0:16:18	Hindi
Physical Education	योग: सर्वांगासन	0:12:33	Hindi
Storytelling	टर्म टू भाग 4	0:24:03	Hindi
Storytelling	टर्म टू भाग 8	0:24:06	Hindi
Storytelling	टर्म टू भाग 2	0:22:00	Hindi
CWSN	Going to Buy a Book Part 2	0:08:40	ISL
Monday, April 18, 2022			
गणित	आओ सीखें 3 का पहाड़ा	0:13:54	Hindi
हिन्दी	पाठ 3: किरमिच की गेंद	0:17:03	Hindi
EVS	Chapter 2: Ear to Ear	0:33:06	English
English	Unit 2: Noses and The Little Fir Tree	0:30:27	English
CWSN	हु तू तू; हु तू तू भाग 1	0:10:14	ISL
Physical Education	योग: त्रिकोणासन	0:16:18	Hindi
Tuesday, April 19, 2022			
गणित	आओ सीखें 4 का पहाड़ा	0:12:46	Hindi
हिन्दी	पाठ 1: मन के भोले- भाले बादल	0:17:58	Hindi
EVS	Unit 3: A Day with Nandu	0:22:45	English
English	Unit 2: Noses	0:15:09	English
CWSN	I Have a Dream	0:06:49	ISL
CWSN	ईदगाह	0:29:53	ISL
Wednesday, April 20, 2022			

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पर्यावरण अध्ययन	पाठ 2: कान-कान में	0:42:15	Hindi
हिन्दी	पाठ 1: मन के भोले- भाले बादल	0:23:15	Hindi
Mathematics	Chapter 2: Long and Short Part 1	0:23:13	English
English	Unit 2: The Little Fir Tree	0:20:21	English
CWSN	Who will be Ningthou	0:13:09	ISL
Thursday, April 21, 2022			
पर्यावरण अध्ययन	पाठ 3: नन्दू हाथी	0:19:40	Hindi
हिन्दी	पाठ 2: जैसा सवाल वैसा जवाब	0:20:41	Hindi
Mathematics	Chapter 2: Long and Short Part 2	0:22:31	English
English	Unit 3: Run & Nasruddin's Aim	0:23:43	English
Physical Education	योग: त्रिकोणासन	0:16:18	Hindi
CWSN	बहादुर बिट्टो	0:09:08	ISL
Friday, April 22, 2022			
गणित	आओ सीखें 5 का पहाड़ा	0:12:03	Hindi
हिन्दी	पाठ 2: जैसा सवाल वैसा जवाब	0:30:31	Hindi
Mathematics	Chapter 2 : Long and Short	0:29:03	English
English	Unit 3: Run & Nasruddin's Aim	0:22:26	English
CWSN	पुराने बच्चे	0:04:28	ISL
CWSN	कोई लाके मुझे दे	0:03:54	ISL
Saturday, April 23, 2022			
गणित	पाठ 1: ईंटों से बनी ईमारत	0:27:53	Hindi
Storytelling	टरम टू भाग 6	0:22:54	Hindi
Mathematics	Chapter 3: A Trip to Bhopal	0:25:05	English
Storytelling	टरम टू भाग 7	0:23:24	Hindi
CWSN	हाथी चल्लम चल्लम	0:06:52	ISL
Sunday, April 24, 2022			
Physical Education	Nutrition, Health & Sanitation	0:06:21	English

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Physical Education	योग: सर्वांगसन	0:12:33	Hindi
Physical Education	स्वस्थ बढ़ना	0:04:20	Hindi
Storytelling	टर्म टू भाग 2	0:22:00	Hindi
Storytelling	टर्म टू भाग 5	0:22:22	Hindi
CWSN	चकई के चकदुम	0:03:27	ISL
CWSN	मन के भोले-भाले बादल	0:09:24	ISL
CWSN	पापा जब बच्चे थे भाग 1	0:14:45	ISL
Monday, April 25, 2022			
गणित	पाठ 2: लंबा और छोटा	0:31:23	Hindi
हिन्दी	पाठ 3: किरमिच की गेंद	0:27:14	Hindi
EVS	Unit 3: A Day with Nandu	0:19:55	English
English	Unit 1: Wake up and Neha's Alarm Clock	0:26:37	English
CWSN	उलझन/एक साथ तीन सुख	0:06:06	ISL
Tuesday, April 26, 2022			
गणित	पाठ 3: भोपाल की सैर	0:39:10	Hindi
हिन्दी	पाठ 3: किरमिच की गेंद	0:17:03	Hindi
EVS	Chapter 1: Going to School (Part 1)	0:17:01	English
English	Unit 1: Wake up	0:25:12	English
CWSN	Hellen Keller	0:13:28	ISL
Wednesday, April 27, 2022			
पर्यावरण अध्ययन	पाठ 1: चलो, चलें स्कूल!	0:26:30	Hindi
हिन्दी	पाठ 1: मन के भोले- भाले बादल	0:17:58	Hindi
Mathematics	Chapter 3: A Trip to Bhopal Part 1	0:24:08	English
English	Unit 1: Neha's Alarm clock	0:28:18	English
CWSN	The Scholars Mother Tongue	0:16:51	ISL

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Storytelling	नानी कहेँ कहानी: नमक का व्यापारी और उसका गधा	0:08:22	Hindi
Thursday, April 28, 2022			
पर्यावरण अध्ययन	पाठ 2: कान-कान में	0:42:15	Hindi
हिन्दी	पाठ 1: मन के भोले- भाले बादल	0:23:15	Hindi
Mathematics	Chapter 3: A Trip to Bhopal Part 2	0:24:42	English
English	Unit 2: Noses and The Little Fir Tree	0:30:27	English
CWSN	The Truth Baloon	0:04:22	ISL
Friday, April 29, 2022			
गणित	गुणा	0:09:40	Hindi
हिन्दी	पाठ 2: जैसा सवाल वैसा जवाब	0:20:41	Hindi
Mathematics	Chapter 1: Building with Bricks	0:22:02	English
English	Unit 2: Noses	0:15:09	English
CWSN	Hellen Keller	0:13:28	ISL
CWSN	स्वतंत्रता की ओर भाग 1	0:16:42	ISL
Saturday, April 30, 2022			
गणित	आओ सीखें 2 का पहाड़ा	0:10:43	Hindi
Storytelling	टर्म टू भाग 6	0:22:54	Hindi
Mathematics	Chapter 1: Building with Bricks	0:24:12	English
Storytelling	टर्म टू भाग 7	0:23:24	Hindi
CWSN	स्वतंत्रता की ओर भाग 2	0:19:35	ISL

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